

Just Lay Low

Count: 32

Wall: 4

Level: Beginner / Intermediate

Choreographer: Rick Culley (Sept 2014)

Music: 'Lay Low' by Josh Turner

Side Step, Side Chasse , Rock Forward, Recover, Coaster Step

1 - 2 Step right to side touch Left together.
3&4 Step Right Side Step left together Step right Side
5 - 6 Rock Left Forward recover weight on Right
7&8 Step Left back Step Right next to left Step left Forward.

Rock Side Recover, Crossing Shuffle, Side Behind , Sailor Step

1 - 2 Step Right to Right Recover on Left
3&4 Cross R over L small Step L to L side Cross R over L
5 - 6 Step L to L side cross R behind L
7&8 Step L back Step R next to L Step L Forward.

Rock Recover Coaster Step Rock Recover, 1/2 Turn Shuffle

1 -2 Rock Forward on R Recover on L
3&4 Step Back on R ,Step L next R Step Forward on R
5-6 Rock forward on L ,Recover on Left.
7&8 ½ turn left shuffle L R L

Right Shuffle, Step ¼ Turn, Walk Walk, Left Shuffle

1&2 Step R Forward ,Step left together, Step R Forward
3-4 Step Forward L ¼ R Turn
5-6 Walk L,R
7&8 Step L Forward ,Step R Together , Step Left Forward .

One Restart 4th Wall (3:00) , do the first 16 counts then Restart the dance

