

Mi Alma

Choreographer(s) : José Miguel Belloquevane (nl), Roy Verdonk (nl)

Level : Easy intermediate

64 counts

2-wall line dance

Music : Mi Alma Se Muere-Fuego, Pitbull & Omega

Intro : 16 counts after beat kicks in.

Side R, together, Side R, jump, Side L, together, Side L, jump

1-2-3-4 Rf step to right, Lf step together, Rf step to right, Bf jump on the spot

5-6-7-8 Lf step to left, Rf step together, Lf step to left, BF jump on the spot

Touch Side R, cross, touch Side L, cross, Monterey with 1/2 turn R, hitch

1-2 Rf touch to right, Rf step in front of Lf

3-4 Lf touch to left, Lf step in front of Rf

5-6 Rf touch to right, make 1/2 turn right stepping Rf together (6 o'clock)

7-8 Lf touch to left, hitch left knee in front of right leg

Heel/toe/heel swivel to left, Heel/toe/heel swivel to right

1-2-3-4 Bf swivel heels to left, Bf swivel toes to left, Bf swivel heels to left, bent both knees

5-6-7-8 Bf swivel heels to right, Bf swivel toes to right, Bf swivel heels to right, stretch both knees (weight should end on Rf)

Stationery step/touches in diagonal(with shoulder shimmies), 1/4 turn R with scuff

1-2 Lf step diagonally forward left, Rf touch back on the spot

3-4 Rf step diagonal back right, Lf touch heel diagonal forward left

5-6 Lf step diagonally forward left, Rf touch back on the spot

7-8 make 1/4 turn right stepping Rf forward, Lf scuff next to Rf (9 o'clock)

(optional: shimmy shoulders on counts 1-6)

Rock/recover L, shuffle with 1/2 turn L, rock/recover R, shuffle with 1/2 turn R

1-2 Lf rock forward, recover onto Rf

3&4 shuffle l/r/l with 1/2 turn left (3 o'clock)

5-6 Rf rock forward, recover onto Lf

7&8 shuffle r/l/r l with 1/2 turn right (9 o'clock)

Step L with 1/4 turn R, stomp L/R (2X)

1-2 Lf step forward, make 1/4 turn right step Rf on the spot (12 o'clock)

3-4 Lf stomp next to Rf, Rf stomp next to Lf

5-6 Lf step forward, make 1/4 turn right step Rf on the spot (3 o'clock)

7-8 Lf stomp next to Rf, Rf stomp next to Lf

Step L forward, hold, 1/4 turn R, hold, walk L/R/L, touch together

1-2 Lf step forward, hold

3-4 make 1/4 turn right step Rf on the spot , hold (6 o'clock)

5-6 Lf step forward, Rf step forward

7-8 Lf step forward, Rf touch next to Lf

Rock R Side/recover, cross behind, rock L/recover, cross in front, claps(2X)

1-2 Rf rock to right, recover onto Lf

3 Rf cross behind Lf

4-5 Lf rock to left, recover onto Rf

6. Lf cross in front of Rf

7-8 clap hands on waist height, clap hands above head