



BEAST OF BURDEN

Choreographer : Roy Verdonk (NL)

2 wall Line Dance West Coast Swing

level : advanced

music : beast of burden-little texas

counts : 64

intro : 16 counts (from moment beat kicks in), start on vocals

2 restarts : wall 2 after 20 counts (6 o'clock) and wall 3 after 58 counts (12 o'clock)

N.B. Clock notation is the direction you are facing

You Tube Link: <http://youtu.be/Ahv-polG1mM>

Walks Forward R/L, Mambo Forward R, Swivels Back L/R, Sailor L with 1/4 turn L

1-2 Rf walk forward, Lf walk forward

3&4 Rf rock forward, recover onto Lf (&), Rf step back

5-6 Lf step back swivelling right toes to right, Rf step back swivelling left toes to left

7&8 Lf cross behind Rf, make 1/4 turn left stepping Rf to right (&), Lf step forward (9.00)

Side Step R To Right Diagonal, Rock Back L/Recover Onto R, Side Step L To Left Diagonal, Rock Back R/Recover Onto L, Step Forward R, 1/4 Turn L, Cross, 1/4 Turn R, Hitch R With 1/4 Turn R

1&2 make 1/8 turn left stepping Rf to right (7.30), Lf rock back(&), recover onto Rf

3&4 make 1/4 turn right stepping Lf to left (10.30), Rf rock back (&), recover onto Lf

5-6 make 1/8 turn left stepping Rf forward (9.00), make 1/4 turn left stepping Lf to left (6.00)

7-8 Rf cross in front of Lf, make 1/4 turn right stepping Lf back (9.00)

& Rf hitch knee while making 1/4 turn right (12.00)

Slide R, Hold, Sailor L, Cross, Hold, Ball/Cross Shuffle

1-2 Rf big step right, hold

3&4 Lf cross behind Rf, Rf step right(&), Lf step left

(*restart dance here in wall 2)

5-6 Rf cross in front of Lf, hold

& Lf step slightly behind Rf

7&8 Rf cross in front of Lf, Lf step left (&), Rf cross in front of Lf

Kick L, Syncopated Lock Steps Forward On Diagonals, Step Forward L, Lock R Behind L, Ankle Breaker R/L/R

1& Lf kick forward, Lf step to left diagonal (&) (10.30)

2& Rf lock behind Lf, Lf step to left diagonal (&) (10.30)

3&4 Rf step to right diagonal, Lf lock behind Rf (&), Rf step to right diagonal (1.30)

5-6 Lf step forward, Rf lock behind Lf (12.00)

7&8 bend ankles/knees to right, left (&), right (weight ends on Rf)

Unhook, Touch Behind, 1/2 Turn L Rock Forward R/Recover L, 1 1/2 Triple Turn R, Syncopated Rock L/Recover R, Cross

& Lf unhook out of locked position (weight is on Rf)

1-2 Lf touch back, make 1/2 turn left talking weight onto Lf (6.00)

3-4 Rf rock forward, recover onto Lf

5&6 make 1/2 turn right stepping Rf forward, make 1/2 turn right stepping Lf back, make 1/2 turn right stepping Rf forward (12.00)

&7-8 Lf rock left (&), recover onto Rf, Lf cross in front of Rf

Step Side R, Rock Back Diagonal L/Recover R, Walk Forward L, Samba Diamond With 1/2 Turn R

1-2 Rf step right, make 1/8 turn left rocking Lf back (10.30)

3-4 recover onto Rf, Lf step forward

5&6 Rf step forward diagonal, make 1/8 turn right stepping Lf left (12.00)(&), make 1/8 turn right stepping Rf back (1.30)

7&8 Lf step back, make 1/8 turn right stepping Rf right(3.00), make 1/8 turn right stepping Lf forward (4.30)

Cross, Side, Sailor R, Cross, Side, Sailor L

& Make 1/8 turn right (6.00)

1-2 Rf cross in front of Lf, Lf step left

3&4 Rf cross behind Lf, Lf step left (&), Rf step right

5-6 Lf cross in front of Rf, Rf step right

7&8 Lf cross behind Rf, Rf step right(&), Lf step left

(*restart dance here in wall 3)

Step Forward In Diagonal With Touches (2X), Syncopated Cross Sailor Steps Backwards

1-2 Rf step forward in left diagonal (4.30), Lf touch next to Rf (6.00)

3-4 Lf step forward in right diagonal (7.30), Rf touch next to Rf (6.00)

5&6 Rf cross in front of Lf, Lf step back (&), Rf step right

&7 Lf cross in front of Rf(&), Rf step back

&8 Lf step left, Rf touch together

(note : on count 5-8, you are moving backward)

and start again