



ALENA



Choreographers : Raymond Sarlemijn (NL) , Roy Verdonk (NL)

Level : intermediate

4 wall line dance 32 counts

Tag : 4 counts after wall 8 (facing 12.00)

Music : Alena by Claydee

Step Forward R, 1/4 Turn R, Side L, Sailor R With 1/4 Turn R, Step Forward L, 1/4 Turn L, Side R, Sailor L With 1/2 Turn L

1-2 Rf step forward, make 1/4 turn right stepping Lf left (3.00)
3&4 Rf cross behind Lf making 1/4 turn right (6.00), Lf step slightly side (&), Rf step forward
5-6 Lf step forward, make 1/4 turn left stepping Rf right (3.00)
7&8 Lf cross behind Rf making 1/2 turn left (9.00), Rf step slightly side (&), Lf cross in front of Rf

Side R With Touch Behind, Hold, Samba Basic L/R, Extended Cross Shuffle With 3/4 Turn L

&1-2 Rf step right (&), Lf touch behind Rf while looking right, hold (optional a pose)
3&4 Lf step left, Rf cross rock behind Lf (&), recover onto Lf
5&6 Rf step right, Lf cross rock behind Rf (&), recover onto Rf
7&8 make 1/4 turn left stepping Lf forward(6.00), step behind on ball of Rf(&),
make 1/4 left stepping Lf forward(3.00)
&1 step behind on ball of Lf(&), make 1/4 turn left crossing Rf in front Lf (12.00)

Touch Side, Touch Together, Side R, Weave With Sweep, 1/2 Diamond

2&3 Rf touch right, Rf touch next to Lf(&), Rf step right
4&5 Lf cross behind Rf, Rf step right(&), Lf cross in front of Rf sweeping Rf from back to front
6&7 Rf cross in front of Lf , Lf step left(&), make 1/8 turn right stepping back on Rf (1.30)
8&1 Lf step back, make 1/8 turn right stepping Rf right(&) (3.00), make 1/4 turn right stepping Lf forward(6.00)

Out/Out, Shuffle R With 1/4 Turn R, Syncopated 1/2 Turn R, Forward R, Step Together

2-3 Rf step out, Lf step out
4&5 Rf step right, Lf step together(&), make 1/4 turn right stepping Rf forward(9.00)
6&7 Lf step forward, make 1/2 turn right stepping Rf forward(&) (3.00), Lf step forward
8& Rf step forward, Lf step together (&)

Tag : after wall 8 a 4 count tag appears

1-2-3-4 Rf touch toes forward and tap heel 4X
(N.B. as you tap your heel you can have different optional arm movements, please check videos for different styles)